



Week 3 Discussion Questions: Spur One Another On

Please listen to the sermon online if you have not already, and read Hebrews 10:19-25

24 *And let us consider how we may spur one another on toward love and good deeds, **25** not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.*

Growing up, you may not have played sports, learned an instrument, or been in theater, but chances are you were involved in some organized activity like that or took lessons of some sort. How long did you last? Did you ever want to quit? Would your parents allow you to quit?

Looking at your beliefs and your faith, has there ever been a season in your life where you wanted to quit coming to church? Maybe it was just for a week or two, or maybe it was for a longer stretch of time. Share something of that experience with the group.

23 *Let us hold unswervingly to the hope we profess, for he who promised is faithful.*

The author of Hebrews encourages us to not lose a grip on who we believe in because he won't lose hold of us. Do you find it reassuring that Jesus promises to hold onto you even when you lose faith in him? Why?

Hebrews 3:13 But encourage one another daily, as long as it is called "Today," so that none of you may be hardened by sin's deceitfulness.

This verse warns us to watch out for sin's deceitfulness. How does sin blind us to reality? How does our culture, in some ways, attempt to do the same thing?

The book of Hebrews prescribes daily encouragement as the medicine for doubt. We've all gone through times of doubt, why do you think encouragement from a friend is so impactful in those times?

Sometimes well-intentioned encouragement ends up doing more harm than good. How do we avoid discouraging someone by accident? What are practical and meaningful ways you can **SHOW UP in other people's lives?**

To wrap up group time this week pair up into groups of two and three and share prayer requests with each other. After giving each other some insights on how you need prayer this week, finish by taking turns praying for each other. Maybe even try to remember during the week to send your partner an encouraging text, email, or note. Show up for each other this week.